## **HEAT PRESS:**

- 1. Preheat garment to remove excess moisture
- 2. Align transfer and cover with parchment or butcher paper
- 3. Temperature: 325 degrees
- 4. Time: 10-25 seconds
- 5. Pressure: 1-2level
- 6. Allow Transfer to COOL COMPLETELY before removing clear film
- 7. Lay Parchment Paper over design and repress for an additional 10 seconds to cure into shirt
- 8. Wait 24 hours before washing or stretching

## Application Guidelines for Digital Transfers



## **IRON ON:**

- 1. Temperature: Heat up your iron to Linen Or Cotton Settings (at least 160 deg No Steam)
- 2. Iron the desired area to eliminatie any moisture
- 3. Time: 10-25 seconds
- 4. Pressure: Heavy
- 5. Allow Transfer to COOL COMPLETELY before removing clear film
- 6. Lay Parchment Paper over design and repress for an additional 10 seconds to cure into shirt
- 7. Wait 24 hours before washing or stretching



